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**95TH
ANNUAL
MEMBERSHIP
MEETING**

**JULY 11, 2024
OLD SAYBROOK, CT**



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CAHCF/CCAL's
95th Annual Membership Meeting
Saybrook Point Resort & Marina
Thursday, July 11, 2024
CEU: 2

Schedule of Events

- | | |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:30 a.m. to 10:30 a.m. | Registration and Vendors |
| 10:30 a.m. to 12:00 p.m. | Welcome Address - Matthew Barrett, President/CEO,
CAHCF/CCAL
Keynote Speaker - Jason Hunt - Uncommon Leadership |
| 12:00 p.m. to 1:00 p.m. | Buffet Luncheon |
| 1:00 p.m. to 2:30 p.m. | Afternoon Program
Recognition of Sponsors- Matthew Barrett, President/CEO,
CAHCF/CCAL
CAHCF/CCAL's Champion of Elder Care Award - Matthew
Barrett, President/CEO, CAHCF/CCAL
Special Guest - Gov. Mark Parkinson, President/CEO,
AHCA - Ryan Vess, Chair,
CAHCF/CCAL Board of Directors
Awards Ceremony - Matthew Barrett, President/CEO,
CAHCF/CCAL <ul style="list-style-type: none">* CAHCF/CCAL Legislative Advocacy Award* CAHCF/CCAL's Volunteer of the Year Awards* AHCA/NCAL Quality Award Recognition - Marnie
Talamona, CAHCF/CCAL Board of Directors |
| 2:30 p.m. until | Sponsors Recognition, Raffle, Dessert and Drinks |



CAHCF/CCAL

July 11, 2024

Dear CAHCF/CCAL Members and our Honored Invited Guests,

It is my pleasure to welcome you to the 95th Annual Membership Meeting of the Connecticut Association of Health Care Facilities/Connecticut Center for Assisted Living (CAHCF/CCAL) here at Saybrook Point Resort & Marina.

Our day begins with keynote speaker Jason Hunt's presentation: "Becoming a Person of Influence." Jason's message is about rejuvenation. It will remind you of the real purpose of your work with a focus on meaningful and actionable tools and strategies. Jason will teach us how to show care to everyone in an intentional way, and in doing so we'll understand the power of personal connections and how essential it is to collaborate with those around us so that we can provide the best quality of life for our residents.

Following Jason's keynote address, we will enjoy a fabulous Saybrook Point Resort & Marina luncheon buffet.

Our afternoon program will start with recognizing the 2024 CAHCF/CCAL Champion of Elder Care Award recipient, Senator John A. Kissel.

Next, our special guest speaker, Mark Parkinson, the distinguished President & Chief Executive Officer of AHCA/NCAL. Mark will brief us on the state of long-term care sector and with his invaluable insights into the latest happenings in Washington, DC. We are extremely fortunate and grateful to have Mark here today as moves towards retirement in 2025 following a tenure that is characterized by his extraordinary leadership during the most remarkable period in the history of the long-term care sector.

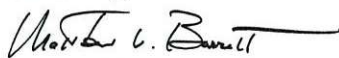
Our afternoon program continues with the association's annual awards, beginning with the CAHCF/CCAL Legislative Advocacy award presentation to Steve Vera of Wachusett Health Ventures. We will then continue our annual spotlight on CAHCF/CCAL members who have pursued a pathway of continuous quality of care improvement and have been awarded the Bronze AHCA/NCAL Quality Award.

Next, we will express our gratitude and honor four amazing individual and a group Volunteer of the Year recipients who are demonstrated a selfless and extraordinary commitment and caring for residents in our long-term care communities.


The 95th CAHCF/CCAL Annual Membership Meeting concludes with the association's traditional raffle with prizes donated by CAHCF/CCAL business affiliate members who sponsored our annual meeting. Following the raffle, the customary desserts and cocktail reception (a complimentary drink coin is included for the reception only) where we hope you will continue to celebrate and reflect with your friends and colleagues. Please remember that this amazing day would not be possible without the very generous support of our CAHCF/CCAL Annual membership meeting sponsors. We will be specifically acknowledging their support during the afternoon program and we hope that you will also express your gratitude for the important contribution our sponsors have made in the success of today's CAHCF/CCAL 95th Anniversary Annual Membership Meeting.

Thank you, once more, for attending the 95th Anniversary Annual Membership Meeting of the Connecticut Association of Health Care Facilities/Connecticut Center for Assisted Living (CAHCF/CCAL) and for everything you do to advance the mission of your association, your colleagues, your staff, and the residents in your care.

Sincerely,



Matthew V. Barrett
President/CEO



Keynote Speaker



Jason Hunt

Jason Hunt is a dynamic, engaging, and passionate author, speaker, and trainer. During his second year as a principal of a large middle school, Jason found himself hiding in a portable classroom because he didn't think he could do his "dream job". After realizing that leadership has less to do with processes and much to do with people, Jason turned around the toxic culture of the school in just over two years through developing personal influence with his staff.

Jason's messages focus on helping people lead through influence rather than title. He has an interesting viewpoint and many unique tools that can help anyone navigate the complicated world of relationships, resulting in less turnover, a stronger organizational culture, and more job satisfaction.

Jason's first major leadership role was to run a branch of 100 church members in outer Siberia when he was only 19. Since then, he has continued to be involved in many leadership positions. He is the founder and CEO of Eye Squared Leadership, and he has had the pleasure of working with over 23,000 people in organizations large and small.

Jason speaks to audiences in many industries, from manufacturing to healthcare, insurance agents to waste management, government to small business, and he does so over 100 times per year. He is the current president of the National Speakers Association of Minnesota and has been awarded the Certified Speaking Professional (CSP), a distinction that only 17% of professional speakers worldwide hold. Jason has a degree in leadership from the University of Minnesota. He is also certified by the John Maxwell Leadership Institute. In 2019 Jason published his first book, *The Other Side*. In 2022, he published four more books as a series entitled *The Uncommon Leadership* series.

Jason lives in Owatonna, Minnesota with his wife and four kids.

CAHCF/CCAL
95th Annual Membership Meeting
1:00 p.m. to 2:30 p.m.

Agenda

- I. **Welcome** - Matthew V. Barrett, President/CEO
- II. **Acknowledgement of Corporate Sponsors** - Matthew V. Barrett, President/CEO

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- III. **CAHCF/CCAL Champion of Elder Care Award** - Matthew V. Barrett, President/CEO
Presented to: Senator John A. Kissel
- IV. **CAHCF Special Guest – Mark Parkinson, President/CEO, AHCA** – Ryan Vess, CAHCF/CCAL Chairman
- V. **CAHCF/CCAL Legislative Advocacy Award** - Matthew V. Barrett, President/CEO

Presented to: Steven Vera, Wachusett Ventures, LLC

- VI. **AHCA/NCAL Quality Award** – Marnie Talamona, CAHCF/CCAL Board of Directors

Bronze: Bride Brook Rehabilitation and Nursing Center
Complete Care at Kimberly Hall South
Harbor Village North Health & Rehabilitation Center
Vernon Rehabilitation & Health Care Center
Villa Maria Nursing & Rehab Community

- Volunteer of the Year Award** - Matthew V. Barrett, President/CEO

Adult Category:

Becky Gorman, Avon Health Center
Michael Leonetti, Complete Care at Middlebury
Margaret Kelley, Notre Dame Health & Rehabilitation Center
Linda Lee, Stoneridge

Group Category

Holleran Center for Community Action & Public Policy, Connecticut College,
Beechwood Post Acute Facility & Transitional Care Facility

- VIII. **Sponsor Raffle followed by the CAHCF/CCAL Dessert and Cocktail Reception**

CAHCF/CCAL

Champion of Elder Care



Senator John A. Kissel

State Senator John A. Kissel, a Chief Deputy Senate Republican Leader, is currently serving his 16th term representing Connecticut's 7th Senate District, which includes East Granby, Enfield, Somers, Suffield, Windsor Locks and parts of Ellington, Granby and Windsor.

Senator Kissel is the Ranking Member of the Judiciary Committee, which addresses matters relating to the Department of Corrections, courts, judicial procedures and criminal law.

Sen. Kissel also serves as Chair of the Regulations Review Committee, which reviews regulations proposed by state agencies before regulations are implemented. In addition, he serves as a member of the General Law Committee.

Born in Worcester, Mass. in 1959, Senator Kissel was raised in Windsor, Connecticut. He received a Bachelor of Science degree from the University Of Connecticut School Of Education in 1981, a Juris Doctor degree from Western New England College School of Law in 1984, and a Bachelor of Arts degree in Liberal Arts and Sciences, with a major in history, from the University of Connecticut in 2002. He is a Past Adjunct Professor at Bay Path College in Longmeadow, Mass. and currently works as a corporate attorney for Eversource.

Senator Kissel lives in Enfield with his sons Nathaniel and Tristan.

Special Guest



Mark Parkinson President/CEO, AHCA

Mark Parkinson is the President and CEO of the American Health Care Association and the National Center for Assisted Living (AHCA/NCAL), which represents more than 14,000 nursing homes, assisted living communities, and intermediate care facilities for individuals with disabilities. Parkinson served as the 45th Governor of the State of Kansas. Prior to that, he was the owner and operator of long term care facilities in Kansas and Missouri.

Under Parkinson's leadership, AHCA/NCAL focuses on delivering policy solutions to the Hill and the Administration, with a special emphasis on quality care. During his tenure, AHCA/NCAL has remained the largest association in long term care and has enjoyed record membership.

Parkinson's vision and leadership has brought him recognition. He was named a top lobbyist for 10 consecutive years (2013-2022) by The Hill, a leading Capitol Hill newspaper. Parkinson also had the distinction of being selected as one of the "100 Most Influential People in Healthcare" by Modern Healthcare in 2015, 2020, 2021, and 2022. Parkinson was named Top CEO in the small-employer category by The Washington Post 2019 Top Workplace survey, and Top Association CEO by CEO Update in 2013. Washingtonian selected Parkinson as one of Washington, DC's 500 Most Influential People in 2022 and 2023.

CAHCF/CCAL

Legislative Advocacy Award



**Steven Vera, CEO & Managing Member,
Wachusett Health Ventures**

Steven Vera is the Chief Executive Officer and Managing Member of Wachusett Ventures, LLC. In this role, Mr. Vera handles all day-to-day operational aspects of the five skilled nursing facilities in the Wachusett portfolio. Mr. Vera has worked in the senior care industry his entire career beginning in 1991. He is licensed as a nursing home administrator in Connecticut (since 1993), Massachusetts (since 1994) and Rhode Island (since 2016).

In 2014, Mr. Vera was recognized by the American Health Care Association as a Future Leader in Long-Term Care in America. Mr. Vera was elected to the Board of Directors of the Connecticut Association of Healthcare Facilities/Connecticut Center for Assisted Living serving on the Legislative and Nominating Committees. Additionally, Mr. Vera is a member of the American Health Care Association Independent Owners Council and the Business Management Committee.

Mr. Vera lives in Willington, Connecticut with his wife. He has two adult children. Mr. Vera received his undergraduate degree in Economics from Stonehill College in North Easton, Massachusetts, and his MBA with a concentration in Healthcare Management from the University of Connecticut.



CAHCF/CCAL

Connecticut Association of Health Care Facilities
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SPECIAL THANKS TO:

**CAHCF/CCAL's
95th Annual Meeting Committee:**

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Connecticut Association of Health Care Facilities/
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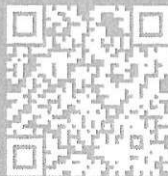
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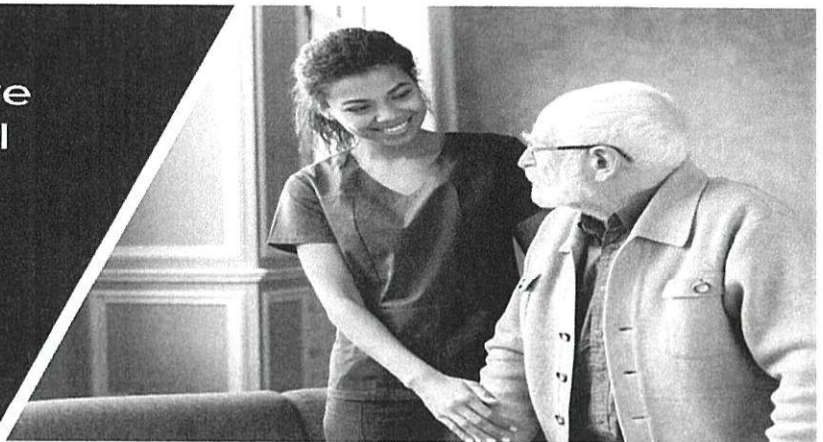


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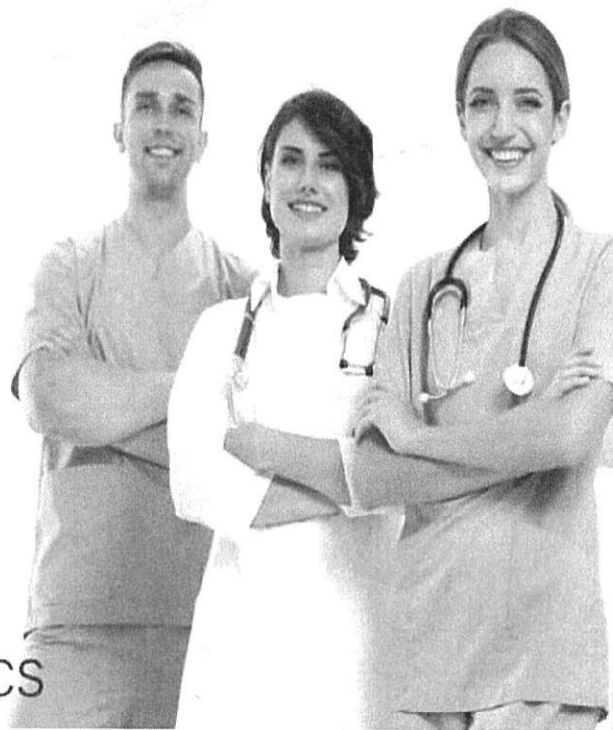
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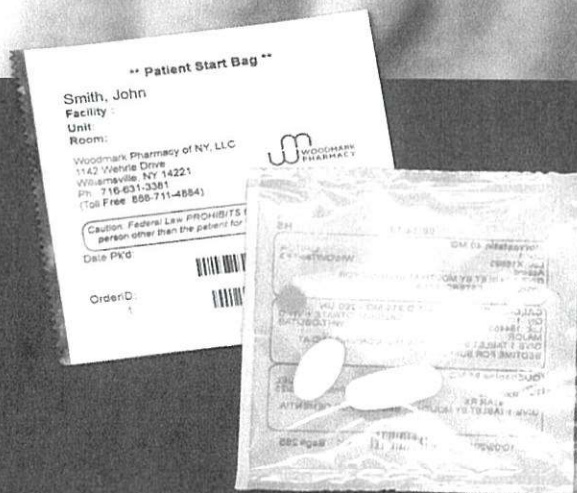
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