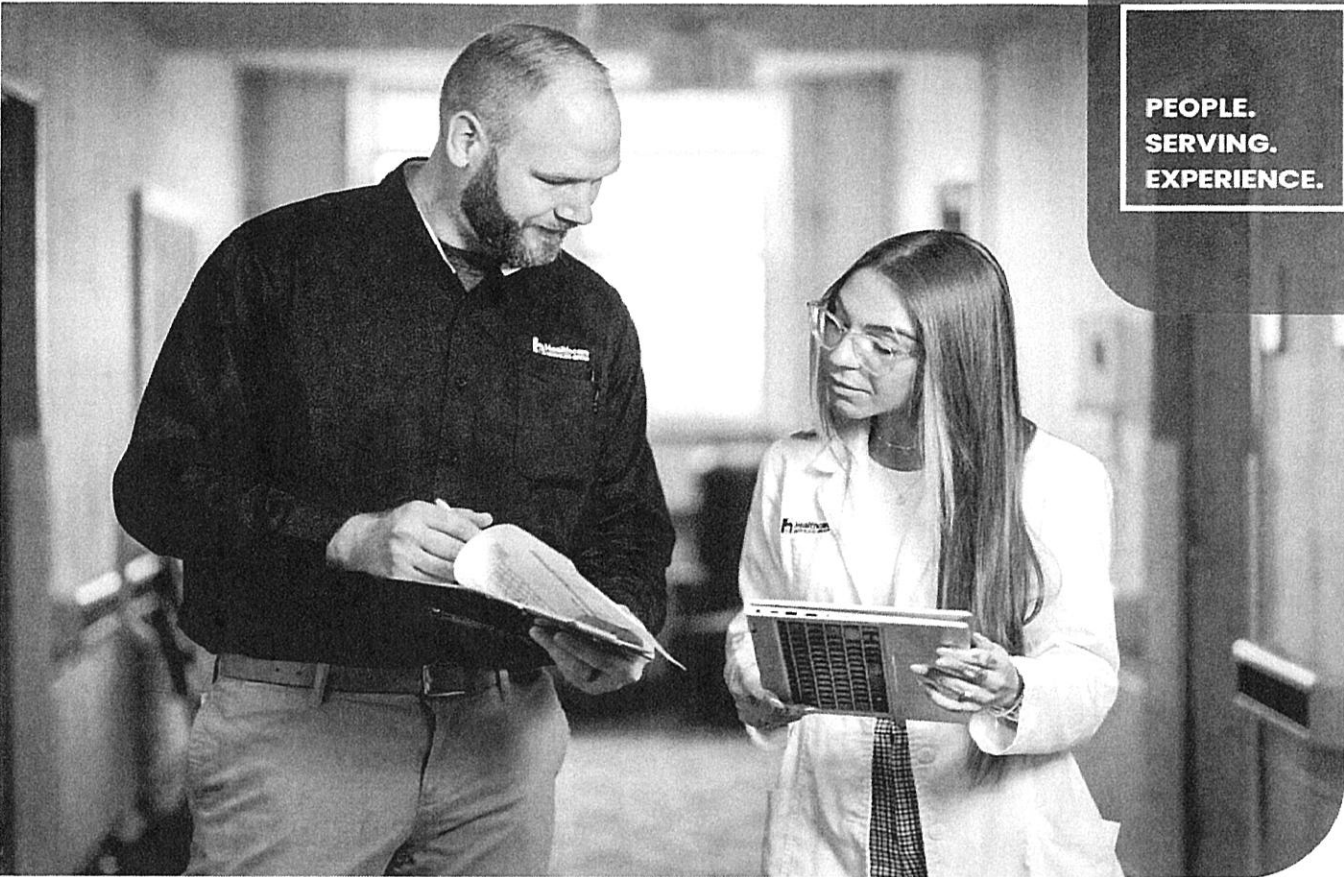


A decorative border of tropical leaves in shades of blue, teal, and pink surrounds the central text. The leaves include large monstera-style leaves and smaller palm-like fronds.

CAHCF/CCAL

**97th Annual
Membership
Meeting**

**July 23, 2026
Saybrook Point
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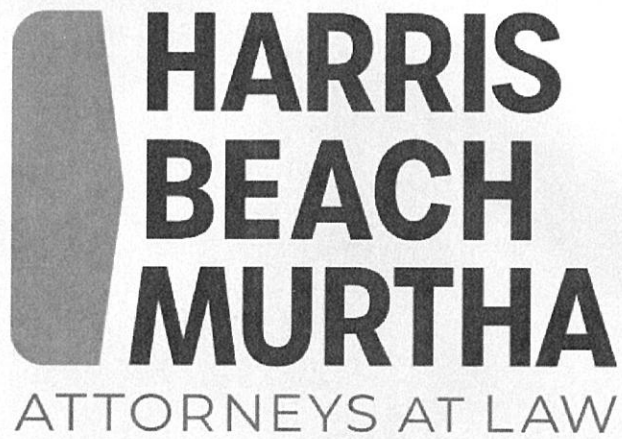


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CAHCF/CCAL's
97th Annual Membership Meeting
Saybrook Point Resort & Marina
Thursday, July 23, 2026
CEU: 2

Schedule of Events

- | | |
|--------------------------|--|
| 9:30 a.m. to 10:30 a.m. | Registration |
| 10:30 a.m. to 12:00 p.m. | Welcome Address - Matthew Barrett, President/CEO,
CAHCF/CCAL
Keynote Speaker - George Carroll "Adaptability Is the New
Change" |
| 12:00 p.m. to 1:00 p.m. | Buffet Luncheon |
| 1:00 p.m. to 3:00 p.m. | Afternoon Program
Recognition of Sponsors - Matthew Barrett,
President/CEO, CAHCF/CCAL
Special Guest - Clif Porter, President/CEO, AHCA/NCAL
Awards Ceremony - Matthew Barrett, President/CEO,
CAHCF/CCAL <ul style="list-style-type: none">* CAHCF/CCAL Distinguished Services Award* CAHCF/CCAL Champion of Elder Care Award* CAHCF/CCAL Volunteer of the Year Awards* AHCA/NCAL Quality Award Recognition* Sponsor Recognition, Raffle, Dessert and Drinks |
| 3:00 p.m. until | Desserts and Drinks |



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CAHCF/CCAL

July 23, 2026

Dear CAHCF/CCAL Members and our Honored Invited Guests,

It is my pleasure to welcome you to the 97th Annual Membership Meeting of the Connecticut Association of Health Care Facilities/Connecticut Center for Assisted Living (CAHCF/CCAL) here at the Saybrook Point Resort & Marina.

Our day begins with keynote speaker George Carroll's presentation, "**Adaptability Is the New Change**." Change isn't coming; it's already here. In today's rapidly evolving world, success depends on more than managing change; it requires adaptability and resilience. With 70% of employees experiencing significant workplace disruption, those who embrace change, innovate, and adapt quickly will gain the competitive edge and lead with confidence.

Following George's keynote address, we will enjoy our fabulous Saybrook Point Resort & Marina luncheon buffet.

Our afternoon program will begin with our special guest speaker, Clif Porter, President & CEO of AHCA/NCAL. Clif will brief us on the state of the long-term care sector and provide his invaluable insights into the latest happenings in Washington, DC. We are extremely fortunate and grateful to have him here today.

Our afternoon program continues with the association's annual awards, beginning with a spotlight on the extraordinary achievements of the CAHCF/CCAL members who achieved the 2026 Bronze and Silver AHCA/NCAL quality awards. Followed by the presentation of **CAHCF/CCAL 2026 Champion of Elder Care Award** to Michael Plausse, CFO, iCare Health Network, and the presentation of the **CAHCF/CCAL 2026 Distinguished Service Award** to Karen Chadderton, National Health Care Associates.

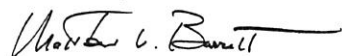
Next, we will express our gratitude and honor our Young Adult, Adult and Group Volunteer of the Year recipients, who have demonstrated selfless and extraordinary commitment and caring for residents in our long-term care communities.

The 97th CAHCF/CCAL Annual Membership Meeting concludes with the association's traditional raffle with prizes donated by CAHCF/CCAL business affiliate members who sponsored our annual meeting. Following the raffle, the customary desserts and cocktail reception, (a complimentary drink token is included for the reception only) and, where we hope you will continue to celebrate and reflect with your friends and colleagues.

Please remember that this amazing day would not be possible without the very generous support of our CAHCF/CCAL Annual Membership Meeting sponsors. We will be specifically acknowledging their support during the afternoon program and we hope that you will also express your gratitude for the important contribution they have made to the success of today's CAHCF/CCAL 97th Anniversary Annual Membership Meeting.

Thank you, once again, for attending the 97th Annual Membership Meeting of the Connecticut Association of Health Care Facilities/Connecticut Center for Assisted Living (CAHCF/CCAL) and for everything you do to advance the mission of your association, your colleagues, your staff, and the residents in your care.

Sincerely,



Matthew V. Barrett





CAHCF/CCAL

97th Annual Membership Meeting

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CAHCF/CCAL Keynote Speaker



George Carroll

More than just motivation, George is a former Tony Robbins Business Strategist and Certified Emotional Intelligence Trainer with over 20 years of experience—from Fortune 500 companies like McDonald's and Abbott Laboratories to intimate leadership teams—George combines cutting-edge content, experiential exercises, storytelling, data, humor and actionable tools to drive meaningful change.

His high energy and interactive style leaves audiences energized and equipped to adapt and lead in a dynamically changing world.

When he's not serving clients, George lives in Oregon with his two boys, staying active, traveling, volunteering, coaching youth football, and living the good life.

Today's keynote entitled "**Adaptability is the New Change**" will discuss how in today's fast-paced, ever-evolving world, change is no longer an occasional disruption—it's the constant backdrop of how we live and work. Long-term success requires more than just managing change; it demands mastering adaptability and building resilience. Recent Gallup research highlights that 70% of U.S. employees have reported experiencing disruptive change within their organization in the past year, with 20% citing a large or very large extent of change. Adaptability is the new competitive advantage, allowing individuals and organizations to stay ahead of the curve, innovate, and lead with confidence.



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97th Annual Membership Meeting
Agenda

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II. **Acknowledgement of Corporate Sponsors** - Matthew V. Barrett, President/CEO

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III. **CAHCF/CCAL Special Guest** - Clifton (Clif) Porter, II, President/CEO, AHCA/NCAL
- Matthew V. Barrett, President/CEO

IV. **CAHCF/CCAL Awards** - Matthew V. Barrett, President/CEO

CAHCF/CCAL Distinguished Service Award: Karen Chadderton, National Health Care Associates

Champion of Elder Care Award: Michael Plausse, iCare Health Network

Volunteer of the Year Award

Young Adult Category:

Madilyn Hooks, Harbor Village North Health & Rehabilitation Center

Adult Category:

William Campbell, Complete Care at Kimberly Hall North
Rose Prince, Villa Maria Nursing and Rehabilitation
Kathy Volz, Beacon Brook Center of Health & Rehabilitation

Group Category:

Enduring Love Church Group, Complete Care at Glendale



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Beechwood Health & Rehabilitation Center

Complete Care at Glendale

Complete Care at Kimberly Hall North

Fresh River Healthcare

The Pines at Bristol Center for Health and Rehabilitation

Village Crest Center for Health & Rehabilitation

Silver – Achievement in Quality

Complete Care at Groton Regency

Parkville Care Center

- VI. Sponsor Raffle followed by the CAHCF/CCAL Dessert and Cocktail Reception

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CAHCF/CCAL

97th Annual Meeting Committee

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Adriana Manning

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Heather Tahmoush

Geriatric Medical

Special Guest



Clifton J. Porter, II President and CEO, AHCA/NCAL

Clifton (Clif) Porter, II is the President and CEO of the American Health Care Association and the National Center for Assisted Living (AHCA/NCAL), which represents more than 15,000 not-for-profit and proprietary nursing homes, assisted living communities, and intermediate care facilities for individuals with intellectual and developmental disabilities.

Prior to this role, Porter led the association's government relations team as Senior Vice President for 11 years. In this position, Porter was intricately involved in many legislative accomplishments, including securing billions in life-saving resources for the sector during the COVID-19 pandemic.

With more than 36 years of experience in long-term care, Porter began his career in 1989 as an administrator-in-training at a skilled nursing facility. He subsequently served as an administrator at several skilled nursing centers from 1990 to 1998, and then as a regional director of operations in a large urban market from 1998 to 2004. He later joined HCR ManorCare (now ProMedica Senior Care) as Vice President of Government Relations, where he led the company's advocacy efforts for nearly a decade.

He holds a Bachelor of Science degree from the Virginia Commonwealth University (VCU) School of Medicine in Healthcare Management and a Master of Business Administration degree from Florida State University. He and his wife, Deborah, established the Porter Legacy Scholarship to support diversity, equity, and inclusion efforts for students pursuing bachelor's degrees in health services at VCU's College of Health Professions.



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Distinguished Service Award



Karen Chadderton

National Health Care Associates

Karen Chadderton has been a dedicated leader and advocate for Connecticut's long-term care profession for more than four decades. During her 45-year career with National Health Care Associates, she demonstrated an unwavering commitment to quality care, professional excellence, and leadership development.

Karen began her career as a nurse and advanced to Director of Nursing, where she was appointed Chair of CAHCF's first Director of Nurses Council, helping establish a forum that would later become an independent organization supporting long-term care nursing professionals.

After becoming an Administrator, Karen was elected to the CAHCF/CCAL Board of Directors in 2003. She served as Treasurer from 2006 to 2008 and Secretary from 2008 to 2014, providing steady leadership and guidance to the Association. She also chaired the CAHCF Education Committee from 2009 to 2014, helping strengthen educational and professional development opportunities across the state.

Through decades of volunteer service and collaborative leadership, Karen has made a lasting impact on the Association and Connecticut's long-term care community. Her dedication to advancing the profession exemplifies the spirit of the CAHCF Distinguished Service Award.



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Champion of Elder Care



Michael Plausse, CFO iCare Health Network

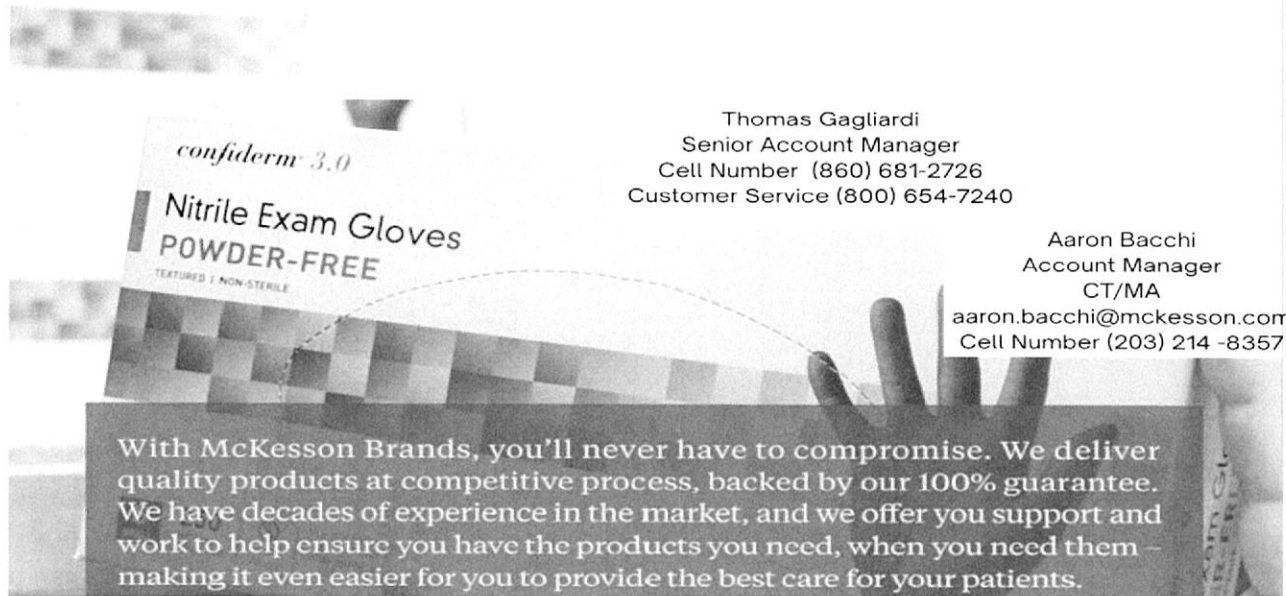
Michael Plausse is the Chief Financial Officer of iCare Health Network. In this role, Mr. Plausse oversees all day-to-day financial and reimbursement operations for twelve skilled nursing facilities comprised of 1,562 licensed beds in the iCare portfolio located in three states. Mr. Plausse has worked in the healthcare industry since 2004. Prior to that Michael was the head of the New England region for the property management and leasing division of the global commercial real estate services firm Jones Lang LaSalle.

Mr. Plausse was elected in 2018 to the Board of Directors of the Connecticut Association of Healthcare Facilities/Connecticut Center for Assisted Living, where he served on the reimbursement committee. He was then elected Board Treasurer in 2022. Mr. Plausse is a member of the American Health Care Association Reimbursement Committee. Michael has served on several not-for-profit boards in an advisory capacity.

Mr. Plausse lives in Andover, Connecticut with his wife. He has four adult children. Michael received his Bachelor of Science degree in Accounting from the University of Massachusetts and his Master of Business Administration from Bentley University in Waltham, MA.

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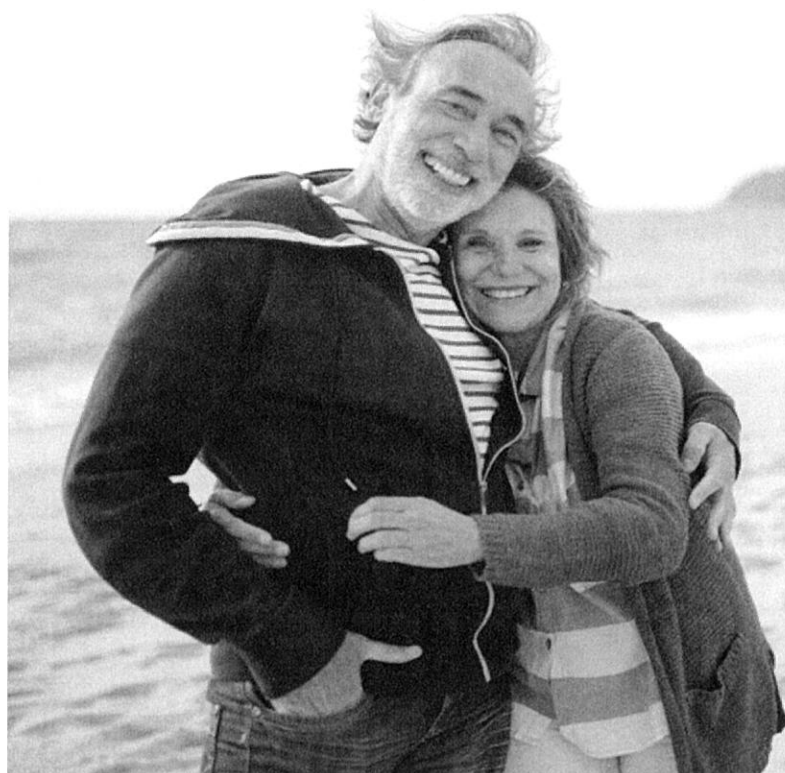
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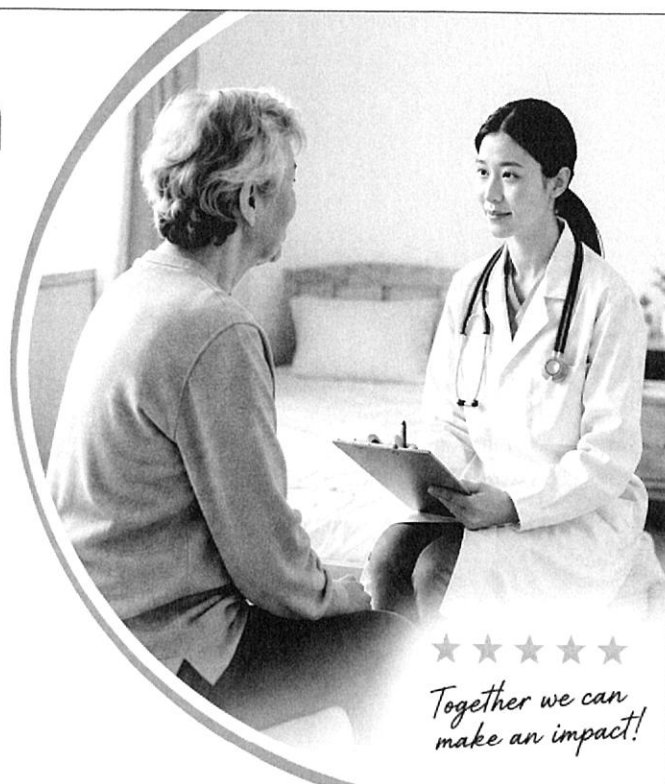
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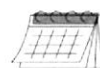


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