CAHCF/CCAL
Connecticut Association of Health Care Facilities
Connecticut Center for Assisted Living

90th Annual Meeting

July 11, 2019
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CAHCF/CCAL’s 90th Annual Meeting
North Lawn, Mystic Seaport
Thursday, July 11, 2019

Schedule of Events

9:30 a.m. to 10:30 a.m.    Registration at Latitude 41 Restaurant, Mystic Seaport
10:30 a.m. to 12:00 p.m.  Welcome Address - Matthew Barrett, President/CEO, CAHCF/CCAL
12:00 p.m. to 1:15 p.m.   Seaport Classic Lunch Buffet – Under the Tent on the North Lawn of Mystic Seaport, next to Latitude 41
1:15 p.m. to 3:00 p.m.    Afternoon Program
                          Recognition of Annual Meeting Sponsors - Matthew Barrett, President/CEO, CAHCF/CCAL
                          Awards Ceremony – Matthew Barrett, President/CEO, CAHCF/CCAL
                          • CAHCF/CCAL’S Champion for Eldercare Award
                          • CAHCF/CCAL’S Distinguished Service Award
                          • CAHCF/CCAL’s Advocacy Awards
                          • Vera Arterburn Memorial Scholarship Awards
                          • Volunteers of the Year Awards
                          • AHCA/NCAL Bronze Quality Award Recognition
                          • AHCA/NCAL Silver Quality Award Recognition
3:00 p.m. until .....      Raffle, Drinks and Desserts

Celebrate Success
July 11, 2019

Dear CAHCF/CCAL Members and Honored Guests,

It is my pleasure to welcome you to the 90th Annual Meeting of the Connecticut Association of Health Care Facilities/Connecticut Center for Assisted Living (CAHCF/CCAL) here at the historic Mystic Seaport.

Our day begins with our multitalented Keynote Speaker, Jason Kotecki, CSP. We will “Escape Adulthood” with Jason’s program “Curing Adultitis: Your Prescription for Less Stress and More Success.” Jason teaches that while it’s important to take our work seriously, we shouldn’t take ourselves too seriously, noting that people do their best work when they are having fun and are fully engaged. Jason anchors his powerful message with his distinctive artwork, some of which we have featured in the brochure and on the cover of the program guide. His artwork helps to deliver his message in a memorable and meaningful way. Once Jason concludes his presentation, we shall adjourn to the North Lawn of Mystic Seaport, where for the second year, we shall enjoy breathtaking views and our traditional Seaport Country Buffet.

In the afternoon program, we will be recognizing and celebrating the people and organizations who helped make 2019 a successful year for CAHCF/CCAL. It will be a pleasure to present the CAHCF/CCAL Advocacy Awards to three member organizations who made extraordinary contributions to CAHCF/CCAL’s mission in 2019. It will also be a pleasure to present the 2019 CAHCF/CCAL Distinguished Service Award along with the 2019 Champion for Elder Care Award during the afternoon program.

I am happy to report another successful Vera Arterburn Memorial Scholarship Golf Tournament last month---this makes it possible once more for the Vera Arterburn Memorial Scholarship Committee to award eleven (11) generous scholarships in the afternoon. We shall also be recognizing four (4) Volunteer of the Year recipients: two (2) in the Adult category, one (1) Young Adult category and one (1) in the Group category.

We are especially pleased that Connecticut is increasing the number of AHCA/NCAL Quality Award winners in our State. We will be acknowledging the ten (10) CAHCF/CCAL member facilities who are receiving the Bronze Quality Award and the three (3) CAHCF/CCAL member facilities who are receiving the Silver Quality Award in 2019.

The 90th Annual Meeting concludes with raffle prizes, a seaport dessert and cocktail reception (a complimentary drink ticket is included) where we hope you will you will continue to celebrate and reflect with your friends and colleagues. Please remember that this amazing day would not be possible without the very generous support of our Annual Meeting Sponsors. We will be specifically acknowledging their support during the afternoon program, but we hope that you will also express your gratitude for the important contribution our sponsors have made in the success of today’s CAHCF/CCAL 90th Annual Meeting.

Thank you once more for everything you do to advance the mission of CAHCF/CCAL and for being with us today.

Sincerely,

Matthew V. Barrett
CAHCF/CCAL President/CEO
Keynote Speaker

Jason Kotecki, CSP

Jason is a professional reminder-er and permission granter who moonlights as an artist, author and speaker. Jason and his wife Kim founded the Cure Adultitis Institute and created Escape Adulthood, a company and lifestyle brand that helps people and organizations break free from the vile clutches of Adultitis in order to build better lives, businesses, and teams.

For over 15 years and with over 750 organizations, Jason has offered real-world strategies and practical ideas to help individuals realize Adultitis-free lives, helping them beat burnout and become more innovative by breaking rules that don’t exist. His refreshing and relevant insights leave attendees encouraged, entertained, and motivated to explore new opportunities and strengthen the team dynamic to achieve success and accomplish what was once thought impossible. His content-rich programs are balanced with a refreshing mix of humor and emotion, serving as the perfect antidote for people who find themselves in a personal or professional rut.

Jason anchors his powerful message with his artwork, he uses the metaphor of being an artist throughout his presentations to share his stories and inspiring message, helping audiences to see their lives and work with new eyes. Jason’s colorful artwork serves as the starting point for many of the experiences, observations, and connections Jason will share with the audience.

He is the author of seven books, including Penguins Can’t Fly + 39 Other Rules That Don’t Exist, which has been translated into languages he can’t even read. His newest book, A Chance of Awesome: How Changing the Way You See Changes Everything has just been released.

He is recognized by the National Speakers Association as a Certified Speaking Professional® (CSP), which is the profession’s highest earned international measure of platform competence, ethical standards, and proven track record of expertise and excellence. Jason teaches that while it’s important to take our work seriously, we shouldn’t take ourselves too seriously, noting that people do their best work when they are having fun and are fully engaged.

An avid eater of sugar laden cereal, Jason enjoys Star Wars, soft t-shirts, and brand new tubes of paint. He and Kim homeschool their three weird kids and live in Madison, Wisconsin where they eat way too many cheese curds. Visit his website: EscapeAdulthood.com
CAHCF/CCAL 90th Annual Meeting

Agenda
1:10 p.m. – 3:00 p.m.

I. Welcome – Matthew Barrett, President/CEO, CAHCF/CCAL

II. Acknowledgement of Corporate Sponsors - Matthew Barrett, President/CEO, CAHCF/CCAL

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III. CAHCF/CCAL Awards Ceremony – Matthew Barrett, President/CEO, CAHCF/CCAL

CAHCF/CCAL Champion for Elder Care Award presented to: Senator Heather B. Somers
CAHCF/CCAL Distinguished Service Award presented to: Frank D. Malone, Filosa for Nursing and Rehabilitation and Hancock Hall
CAHCF/CCAL Legislative Advocacy Award: Athena Health Care Systems
iCare Health Network
Ryders Health Management

Vera Arterburn Memorial Scholarship Awards
Ms. Antoinette Gdovin, Lord Chamberlain
Ms. Melisa Latifi, Glen Hill Center
Ms. Chelsy Lopardo, Sharon Health Care Center
Ms. Monica Martin, West Hartford Health and Rehabilitation Center
Ms. Shannon Merrick, Westside Care Center
Ms. Ekaetta Nta, Aaron Manor
Ms. Marina Odackal, Touchpoints at Manchester
Ms. Gerardie Paul, Colonial Health and Rehabilitation Center
Ms. Deborah Smith, Apple Rehab Laurel Woods
Ms. Carla Solipa, Glen Hill Center
Mr. Christopher West, Greentree Manor

Volunteer of the Year Awards – Matthew Barrett, President/CEO, CAHCF/CCAL

Young Adult Category: Ms. Summer Adams, Watrous Nursing Center
Adult Category: Mrs. Joanne Ciliberto, Hancock Hall
Group Category: Next STEP, Vernon Manor Health Care Center
CAHCF/CCAL 90th Annual Meeting

AHCA/NCAL Quality Award Overview and Recognition – Matthew Barrett, President/CEO, CAHCF/CCAL

**Bronze – Commitment to Quality**
- Apple Rehab Laurel Woods
- Geer Nursing & Rehabilitation Center
- Geer Village Senior Community
- Governor’s House Care & Rehabilitation
- Kimberly Hall North
- Touchpoints at Bloomfield
- Touchpoints at Chestnut
- Village Crest Center for Health and Rehabilitation Center
- Westside Care Center
- Wilton Meadows

**Silver – Achievement in Quality**
- Chestelm Health & Rehabilitation
- Northbridge Health Care Center
- Silver Springs Care Center

IV. **Raffle** – Matthew Barrett, President/CEO, CAHCF/CCAL
Prizes donated by our generous sponsors. You must be present to win.

V. **CAHCF/CCAL Dessert and Cocktail Reception**
State Senator Heather B. Somers

CAHCF/CCAL is pleased to present this year’s Champion of Elder Care Award to State Senator Heather B. Somers.

Senator Heather Somers, a native and resident of Groton, was elected to serve the 18th Senate district in November 2016. The 18th district includes Griswold, Groton, North Stonington, Plainfield, Preston, Sterling, Stonington and Voluntown. Previously, Senator Somers served for five terms on the Groton Town Council, and served as Mayor for the Town of Groton from 2012-2014

Senator Somers is the Assistant Senate Republican Leader, and importantly Senator Somers serves as Ranking Member of the Public Health Committee and is a member of the Appropriations Committee. Senator Somers has made issues for seniors and people with disabilities a priority in her work at the Connecticut General Assembly. She has given particular focus and attention to addressing a full range of issues of concern to skilled nursing facility operators, nursing home residents and employees alike. Senator Somers is a frequent visitor to the skilled nursing facilities in her district---she has taken the time to learn and understand what matters most to nursing facility residents and their families. Moreover, Senator Somers has been a fierce advocate to increase Medicaid resources to Connecticut’s skilled facilities so that operators can continue to provide the high quality care that everyone wants for their loved ones.

For these reasons, State Senator Heather B. Somers is the 2019 CAHCF/CCAL Champion for Elder Care recipient.
CAHCF/CCAL is very pleased to honor Frank Malone’s longstanding and outstanding leadership in Connecticut’s long-term care system by presenting him with the “CAHCF/CCAL 2019 Distinguished Service Award”.

Frank Malone’s journey in becoming one of Connecticut’s most outstanding providers of skilled nursing facility care perhaps has unusual origins. Frank is, by profession, a scientist. He holds a Ph.D., in Oceanography! However, nursing home residents and caregivers alike across Connecticut, and especially in the Danbury region, are very fortunate indeed that Frank decided decades ago to devote his considerable intellect and work ethic to the elder care profession. Hancock Hall and Filosa for Nursing and Rehabilitation, under Frank’s leadership, have consistently been recognized by the Centers for Medicare and Medicaid Services as achieving the highest Five Star Quality Designation for years.

Frank also for years has put his gifts and experiences to work in providing leadership on the Board of Directors of CAHCF/CCAL. He has been a longstanding member of the prestigious CAHCF Reimbursement Committee where he has provided guidance and advocacy on some of the most complex reimbursement issues facing the sector. He also donates his time and attention to CAHCF/CCAL as the association’s Treasurer for several terms. His colleagues on the CAHCF/CCAL Board of Directors benefit every day from Frank’s respected advice on delivering the highest quality skilled nursing facility in Connecticut’s complex regulatory and reimbursement environments.

CAHCF/CCAL expresses its gratitude and congratulations to Frank Malone for making the cares and concerns of our State’s elders, and those who care for them, his mission at Hancock Hall and Filosa for Nursing and Rehabilitation and on the CAHCF/CCAL Board of Directors. For these reasons, and more, Frank Malone is the CAHCF/CCAL 2019 Distinguished Service Award recipient.
2019 CAHCF/CCAL’s Advocacy Awards
Athena Health Care Systems

iCare Health Network

Ryders Health Management
SPECIAL THANKS TO:
CAHCF/CCAL’s Annual Meeting Committee:

Matthew Barrett
Connecticut Association of Health Care Facilities/
Connecticut Center for Assisted Living

Richard Brown
Connecticut Association of Health Care Facilities/
Connecticut Center for Assisted Living

Lizbeth Carmichael
Countryside Manor of Bristol

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